

This printout contains information about whooping cough and questions to ask your healthcare provider. Make the most out of your next appointment by asking about whooping cough vaccination.

A vaccine called Tdap can help protect you against 3 diseases: tetanus, diphtheria, and pertussis. Pertussis is another name for whooping cough.

Remember these facts about whooping cough:

- Whooping cough is a highly contagious disease that can cause severe coughing spells
- The coughing fits associated with whooping cough can persist for up to 3 months or more
- If you received a vaccine to help protect against whooping cough as a child, that doesn't mean you have lifetime immunity. Since childhood vaccines that help protect against whooping cough can fade over time, the Centers for Disease Control and Prevention (CDC) recommends a single dose of Tdap vaccine for most people ages 11 and older who have not previously received Tdap

Questions you may want to ask your healthcare provider:

When was my last Td vaccine?

Have I received a Tdap since it was approved for adults aged 18-64 in 2005?

Should I get a Tdap vaccine today?

Are there any side effects that I should be aware of?

Do I need to get up-to-date on any other recommended vaccinations?

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